



Microneedle after care What to expect!

THE FIRST 3 DAYS

Skin will be visibly red, tight, possibly swollen, and sensitive similar to a mild sunburn. This is normal and apart of natural healing process.

AFTER CARE INSTRUCTIONS

***ONLY use provided Lift HG then Rescue Calming Complex on skin for the first 24-72 hours.**

*No makeup, SPF, or lip products for 24 hours.

*Apply a board-spectrum SPF 30+ to skin after 24 hours, use liberally.

*No heat or excessive sweating for 72 hours.

*Avoid exfoliants for 7 days.

*SkinPen Premium Biocellulose Masque is best applied the day after treatment.

*Wash bed linen and towels.

*Disinfect glasses or opt for contacts.

*Do not touch or pick at skin.

2-3 WEEKS POST

Expect your skin sensitivity to improve and become dull and lackluster. DO NOT pick at any skin. You're almost done, hang in! Continue to be gentle and simple with your home care routine and products.

2-4 WEEKS POST

RESULTS. During this time you will start to see your visible results. Your skin will continue to improved over the next several months and continue to work within the body over the next year!

MAINTENANCE

Continue booking your series of microneedle sessions 4 weeks in-between to achieve your desired results.